



**BRAINSPOTTING PHASE 2
TRAINING
Via ZOOM
April 30 – May 2, 2021**

Trainers: Dr Jane Evans and Dr Marjorie Robb

Brainspotting Phase 2 Training: Deepening Skills and Expanding the Toolkit

Completed Brainspotting Phase 1 Training? Consolidate your skills and learn further refinements of the Brainspotting process in this Phase 2 training with Drs Jane Evans and Marjorie Robb.

This three-day Phase 2 training begins with a review of the foundations to help you consolidate your learning from Phase 1 training. Further time is allotted to answer questions you may now have after using Brainspotting in your practice.

A combination of didactic teaching, demonstrations and experiential exercises are used to teach additional technical refinements that can be used with individuals with complex PTSD, attachment disorders, or highly dissociative clients. Throughout the training the vitally essential emotional attunement of the therapist will be addressed. Discussion of working virtually will be interwoven throughout.

Specific additions to your repertoire will include:

How to deal with common obstacles to optimal therapist emotional attunement

One-eyed Brainspotting

Use of the Z-axis

Inside-Outside Window

Rolling Brainspotting

Advanced body resource model for highly activated or traumatized clients

Where: via Zoom

When: April 30 – May 2, 2021; 9 am to 5:30 pm each day

Who: Registered Mental Health Care professionals of all kinds. Phase 1 required.

Registration details at link below.

Early Bird Registration until March 15, 2021.

Registration and details at: <https://brainspotting.simplesignup.ca>

Information: bsptrainingcanada@gmail.com